



BENEFIT STRUCTURE

MAIN

EFFECTIVE 01 JANUARY 2023



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NAPOTEL MEDICAL AID FUND NAMIBIA POST AND TELECOM HOLDINGS LTD

BENEFIT STRUCTURE

EFFECTIVE JANUARY 2023

B1	HOSPITAL BENEFITS GROUP (Subject to clinical risk management protocols and pre-authorization)		N\$ 847, 500 per family per annum
	Private Hospitals including medicines, materials, hospital apparatus and 7 days take out medication		
	Provincial Hospitals including medicines, materials, hospital apparatus and 7 days take out medication	100% tariff	
	Step-down Nursing Facilities in lieu of hospitalization	-	Part of the Overall Annual limit
	GP Consultation, treatment & services		
	Specialist consultations, treatment and services	200% tariff	
	Surgical Procedures done in rooms Theaters: Doctors rooms- selective surgical procedures: Part of pre- authorisation and clinical protocols.	200% tariff	
	Blood Transfusion	100% tariff	
	Pathology	100/0 taliii	N\$ 11, 700 pbpa
D 2	Radiology		N\$ 11, 700 pbpa N\$ 43, 220 pbpa
B2	Internal Medical Prosthesis		NŞ 43, 220 pbpa
	Internal Prosthesis - example: Knee/Hip/Pacemakers. Including intra ocular lenses. Subject to pre- authorization and clinical risk management protocols.	100% cost	Part of the Sub-limit B2
B3	MRI/CT Scans (In/Out Hospital)		N\$ 44, 310 per family (limited to N\$ 22, 155) pbpa)
	In and Out of Hospital Benefit. Subject to pre-approval	100% tariff	Part of the Sub-limit B3
B4	and Clinical protocols. Psychiatric Accommodation treatment and services		21 days, limited to N\$ 66, 470 pbpa
	including Psychiatric Hospital Accommodation, treatment and services. Subject to clinical protocols and	100% tariff	Part of sub-limit B4
B5	Alcohol and Drug Rehabilitation		N\$ 25, 950 pbpa
	Alcohol & Drug Addiction, addiction Therapy, related Pathology and medication. (Part of treatment plan protocols) Annual benefit.	100% tariff	Part of the Sub-limit B5
	Alcohol & Drug medication	100% NRP	Levy 15% minimum N\$30 maximum N\$65
B6	Refractive Surgery		N\$ 22, 980 pbpa
	including Eximer Laser and Radial Keratotomy	100% tariff	Part of the Sub-limit B6
B7	Maternity		PART OF OAL
	Hospital Caesarean (Non-Emergency)	100% tariff	Part of the Overall Annual limit
	GP and specialist Caesarean(Non-Emergency) (Hospital)	200% tariff	10% co-payment
	Hospital Confinement/Caesarean (Emergency)	100% tariff	
	GP and Specialist	200% tariff	Part of the Overall Annual limit
	GP/Specialists Confinement(In Rooms)	100% tariff	
	Ante Natal Visits	100% tariff	12 visits pbpa
	Maternity scans	100% tariff	3 scans pbpa
B8	Circumcision		PART OF OAL
	Hospital Circumcision subject to authorisation	100% tariff	Part of the Overall Annual limit
	GP and specialists Circumcision (In Hospital) children 0-10 years	200% tariff	Part of the Overall Annual Limit
	GP and specialists Circumcision (In Hospital) 11 years and	200% tariff	10% co-payment
	GP and specialist circumcision done in Rooms	200% tariff	Part of the Overall Annual limit
B9	Gastroscopy & Colonoscopy		PART OF OAL
	Hospital Gastroscopy/Colonoscopy	100% tariff	5% co-payment
	GP and specialist Gastroscopy/Colonoscopy (Hospital)	200% tariff	5% co-payment
	GP and specialist Gastroscopy/Colonoscopy (Hospital) GP and specialist Gastroscopy/Colonoscopy in rooms or	200% tariff	Part of the Overall Annual



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0	Renal (Kidney) Dialysis		PART OF OAL
	Hospital Admission Renal/Kidney Dialysis	100% tariff	
	GP and Specialists Kidney Dialysis (Hospital	200% tariff	Part of the OAL
	GP and Specialists Kidney Dialysis (Rooms)	100% tariff	
	Kidney/Organ Medication	100% NRP	
311	Organ Transplant		PART OF OAL
	GP and Specialists - Organ Transplants (Hospital)	200% tariff	
	GP and Specialists - Organ Transplants (Rooms)	100% tariff	Part of Overall annual limit
	Organ medication	100% NRP	
312	Oncology Treatment		N\$ 496, 210 pbpa
	GP and Specialists - Oncology (Hospital)	200% tariff	
	GP and Specialists - Oncology (Rooms)	100% tariff	Part of Overall annual limit
	Chemo Medication	100% NRP	
13	MVA/Third Party		N\$ 401, 250 per event pbpa
	MVA/Third Party (Hospital)	100% tariff	
	GP and specialist treatment and services	200% tariff	Part of the event limit
	MVA/Third Party (Rooms)	100% tariff	
	MVA Medication	100% NRP	
14	Maxillo Facial		M\$ 50, 000 pbpa
	Non-Elective Maxillo Facial/Oral Surgery - Trauma. Including Dental extractions of more than 3 teeth or multiple fillings in children under the age of ten and disabled dependants/ Removal of impacted wisdom teeth. (All Inclusive Benefit - surgery, treatment and services). Part of Clinical protocols	200% tariff	Part of the sub-limit
15	Auxilliary Services		PART OF OAL
	Including Physiotherapy, Biokenetics, Occupational therapy in Hospital	100% tariff	Part of the Overall Annual limit
16	Alternatives Hospital		N\$ 36, 750 per family per annun
	Frail Care, Private Nursing (home nursing and Hospice	100% tariff	Part of the Sub-limit
17	Ambulance Services		Stipulated Limits
	Interhospital ambulance transfers	100%	N\$ 6, 930 pbpa
	Travel assistance to South Africa	of cost	N\$ 4, 620 pbpa
	Travel assistance to Namibia on specialist referrals		N\$ 3, 130 pbpa
	Accommodation (specialist referral Namibia)		N\$ 520 per day
	Accommodation (specialist referral South Africa)		N\$ 660 per day
18	HIV/AIDS Benefit		N\$ 170, 490 pbpa
	Hospital treatment and services	100% of tariff	N\$ 83, 020 pbpa sublimit to B18
	HIV/Aids Medication	100% of NRP	N\$ 68, 740 pbpa sublimit to B18
	Counselling	100% of tariff	N\$ 4, 840 pbpa sublimit to B18
	Consultations		12 visits pbpa sublimit to B18



BENEFIT STRUCTURE

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	DAY-TO-DAY	BENEFITS	
C1	Professional Services		M0: N\$ 15, 090 pmpa M1: N\$ 22, 080 pfpa M2: N\$ 26, 190 pfpa M3: N\$ 30, 320 pfpa M4: N\$ 34, 430 pfpa M5+N\$ 38, 540 pfpa
	 GP& Specialist and Primary Health Consultations including Out-patient Visits. 1. Professional Services - 100% of Tariff GP/Spec/Primary Health/OPD Consultations Out-patient Visits Telephone /PIT Consultations GP/Spec/Primary Health Procedures (In Rooms) Radiology(In Rooms) Pathology (In Rooms) 	100% tariff	Part of the Sub-limit of C1
C2	Acute Medication		M0: N\$ 6, 640 pmpa M1: N\$ 9, 280 pfpa M2: N\$ 11, 930 pfpa M3: N\$ 14, 580 pfpa M4: N\$ 16, 250 pfpa M5: N\$ 17, 950 pfpa
	Acute medication including Primary Healthcare Scripts		
	GP/Specialist and Primary Health Care Injections and materials Homeopathic medication	100% NRP	15% levy minimum N\$30 maximum N\$65
C3	Chronic Medication		N\$ 11, 490 pbpa
	Chronic medication (preferred)	100% NRP	no levy
	Chronic medication (non- preferred)	100% NRP	15% levy minimum N\$30 maximum N\$65
C4	OTC Medication OTC Medication	100% NRP	M0: N\$ 1, 070 pmpa M1: N\$ 1, 430 pfpa M2: N\$ 1, 780 pfpa M3: N\$ 2, 780 pfpa M4: N\$ 2, 850 pfpa M5: N\$ 3, 170 pfpa
C5	External Appliances		N\$ 11, 780 pbpa
	General appliances including artificial limbs, eyes, wheelchairs, hearing aids and all approved appliances	100% cost	Part of the Sub-limit
C6	Auxillary Service		N\$ 5, 290 pbpa
	Including Physiotherapy, Social Workers, Speech, Audiology, Acousticians, Dieticians, Occupational Therapy, Biokenetics, Hom/ Chiro/ Osteopathy, Podiatry, Acupuncture etc.	100% tariff	Part of the Sub-limit C6

ABBREVIATIONS:

OAL	-	Overall Annual Limit			
pbpa	-	Per beneficiary per annum			
pmpa	-	Per member per annum			
pfpa	-	Per family per annum			



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C7	Psychology		N\$ 6, 230 pbpa
	Clinical Psychology	100% tariff	Part of the Sub-limit C7
C8	Psychiatry		N\$ 6, 230 pbpa
	Psychiatric treatment	100% tariff	Part of the Sub-limit C8
C9	Dentistry		M0: N\$ 7, 720 pmpa M1: N\$ 12, 200 pfpa M2: N\$ 12, 620 pfpa M3: N\$ 18, 240 pfpa M4: N\$ 19, 850 pfpa M5: N\$ 21, 850 pfpa
	Including Conservative dentistry, specialised dentistry and selected maxilllo facial procedures in rooms (orthodontic treatment)	100% tariff	Part of the Sub-limit C9
C10	Optical Services		N\$ 5, 300 per beneficiary benefit allocated every 2 nd year
	Frames	100% tariff	N\$ 1, 560 per beneficiary
	Eye Test	100% tariff	2 eye tests per beneficiary
	Lenses/Contact Lenses	100% tann	Part of the Sub-limit
	Bi-Focal/Multi Focal & Tri-Focal Lenses in addition to the Optical benefit limit	100% tariff	N\$ 1, 660 per beneficiary
C11	Napotel Benefit Wallet	Threshold Limits	Difference between the actual day-to- day claims excluding chronic benefits and the allocated threshold limits (maximum claim limits to qualify) Threshold limits: M0: N\$ 3, 180 M1: N\$ 5, 210 M2: N\$ 7, 780 M3: N\$ 10, 320 M4: N\$ 12, 020 M5: N\$ 12, 380 M1
C12	Preventative		Part of the OAL
	Baby Immunisations	100% NRP	0 - 6 years pbpa
	Cholesterol/Test Blood Sugar(Finger Prick)		1 per beneficiary
	Mammogram		1 per female beneficiary (>40 years)
	DEXA Bone Density scan)	1000(+;55	1 per beneficiary (> 50 years)
	Pap Smear	100% tariff	1 per female beneficiary (>15 years)
	Glaucoma Screening		1 per beneficiary (>40 years)
	Prostate Screening		1 per male beneficiary (>40 years)
	HPV Vaccine	100% NRP	3 per beneficiary once in a lifetime - Females 9 - 30 years
	Pneumococcal Vaccine		1 per beneficiary adults (>65 years) Children \ 9<5 years)
	Flu Vaccines		1 Flu vaccination per beneficiary per year.

ABBREVIATIONS:

OAL	-	Overall Annual Limit		
pbpa	-	Per beneficiary per annum		
pmpa	-	Per member per annum		
pfpa	-	Per family per annum		



CONTRIBUTIONS

EFFECTIVE JANUARY - JUNE 2023

MONTHLY CONTRIBUTIONS - ACTIVE EMPLOYEES						
INCOME BRACKETS	М	M1	M2	M3	M4+	M5
N\$0 - N\$3 400	2 145	3 281	4 499	5 600	6 749	6 749
N\$3 401 - N\$6 200	3 446	4 996	6 603	8 136	9 764	9 764
N\$6 201 - N\$14 200	3 678	5 258	6 893	8 478	10 099	10 099
N\$14 201 - N\$20 000	3 889	5 535	7 154	8 800	10 383	10 383
N\$20 001+	4 107	5 816	7 420	9 126	10 673	10 673

PENSIONER AND CONTINUATION CONTRIBUTIONS						
INCOME BRACKETS	М	M1	M2	M3	M4+	M5
N\$0 - N\$3 400	2 145	3 281	4 499	5 600	6 749	6 749
N\$3 401 - N\$6 200	2 769	4 246	5 829	7 261	8 754	8 754
N\$6 201 - N\$14 200	2 873	4 407	6 051	7 537	9 088	9 088
N\$14 201 - N\$20 000	2 977	4 567	6 273	7 814	9 423	9 423
N\$20 001+	3 081	4 728	6 494	8 091	9 757	9 757

MEDICATION ADD-ON BENEFITS							
BENEFIT	LEVELS	ANNUAL BENEFIT LIMIT	MONTHLY PREMIUM				
	1	3 760 per family	210				
	2	5 640 per family	315				
	3	8 150 per family	455				
Includes Acute & Chronic Medication	4	10 030 per family	560				
	5	12 540 per family	700				
	6	15 680 per family	875				
	7	20 060 per family	1 120				
	8	25 080 per family	1 400				
	9	27 590 per family	1 540				
	10	32 600 per family	1 820				
	11	39 710 per family	2 240				

DAY-TO-DAY ADD-ON BENEFITS							
BENEFIT	LEVELS	ANNUAL BENEFIT LIMIT	MONTHLY PREMIUM				
1. Professional Services	1	3 140 per family	215				
 GP/Spec/Primary Health/OPD Consultations 	2	5 230 per family	360				
GP/Spec Admin Fee for Chronic	3	8 360 per family	575				
Telephone /PIT Consultations	4	10 450 per family	720				
GP/Spec/Primary Health Procedures (In Rms)	5	12 540 per family	860				
Radiology(In Rms)	6	15 680 per family	1 075				
Pathology 2. MRI/CT Scan (In/Out Hsp)	7	19 860 per family	1 365				
3. Optical services	8	25 080 per family	1 720				
5. Auxilliary services	9	28 220 per family	1 940				
6. Dentistry7. External Appliances8. Psychology		\sim					
9. Psychiatry	10	31 350 per family	2 155				

Disclaimer: Napotel Medical Aid Fund is registered with NAMFISA and is managed by the Board of Trustees, representative of the members of the Fund and in terms of the Rules of the Fund as approved by NAMFISA. This guide is an extract from the Rules and Benefits as a reference guideline only and should there be any discrepancies, misprint and/or interpretation thereof, the Rules as registered with NAMFISA will prevail.